

BRSD MENTAL HEALTH CAPACITY BUILDING PRESENTS:
SUPPORTING YOUR CHILD AS THEY

RETURN TO SCHOOL

AUGUST 20, 2020 | 2:00 PM - 3:30 PM

AUGUST 25, 2020 | 6:00 PM - 7:30 PM

ONLINE

MENTAL + PHYSICAL HEALTH, MANAGING WORRY

- Helping your child be prepared.
- What emotions and behaviours you might see.
- Helping them cope with stress and worry in healthy ways.

TO REGISTER CONTACT:

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