

# Pre-Kindergarten Program Highlights

## Early Intervention

At BRSD, our Pre-K programs work to identify and support young children who may have developmental delays or disabilities, and provide timely, targeted services and strategies to address challenges as early as possible. This can improve developmental outcomes, enhance learning potential, and help classroom success. Early intervention can include speech therapy, occupational therapy, behavioral support, and other specialized support.

## Play-based Learning Environment

Pre-K provides opportunities for children to be creative, identify and solve problems, and engage in social and team environments through hands-on exploration and play. This allows children to explore, experiment, and build on social interaction and language skills through hands-on experiences.

Examples of play-based learning in BRSD Pre-K Programs:

- dramatic play fosters language and social skills
- blocks and toys building enhances spatial awareness and teamwork
- sensory play with materials like sand or playdough supports fine motor and scientific exploration
- music and movement activities improve coordination and language development
- outdoor play encourages physical growth and creativity
- puzzles and games promote critical thinking and patience, allowing children to enjoy learning naturally

## Language Rich Learning Environment

BRSD Pre-K programs provide learning environments that help with vocabulary expansion, language development, communication and early literacy skills, and building a strong foundation for literacy and academic success. The learning environments provided in Pre-K immerse children in meaningful conversations, storytelling, songs, and print-rich materials, fostering vocabulary growth, communication skills, and early literacy development.

BRSD Pre-K programs offer print-rich materials such as labeled objects, books, and writing opportunities that support early literacy and communication skills, all while building on vocabulary, comprehension and social communication. These experiences lay a strong foundation for future reading and academic success.

Examples of language learning in BRSD Pre-K Programs:

- engaging in conversations
- listening to and telling stories
- singing songs
- being introduced to a wide variety of vocabulary



**Early Intervention**

**Play-based Learning Environment**

**Language Rich Learning Environment**

**Social-Emotional Learning**

**Physical Literacy**

**Executive Functioning Skills**



Every Student, Every Day, a Success.

[www.brsd.ab.ca](http://www.brsd.ab.ca)

## Social-Emotional Learning

Our BRSD Pre-K programs provide opportunities for children to develop essential skills like empathy, self-regulation, and positive social interactions, laying the foundation for academic success and healthy relationships.

Children can learn to understand and manage their emotions, develop positive relationships, make responsible decisions, and handle social interactions in a constructive way in the early learning environment. They will be provided opportunities to build skills in empathy, self-regulation and problem-solving in a safe and responsive learning environment.

**Examples of social-emotional learning opportunities in BRSD Pre-K Programs:**

- Emotion Identification: teaches children to recognize and label emotions, using visuals to express emotion
- Role-playing: pretend play scenarios to practice empathy, helping with taking turns and sharing
- Problem-solving: teaches collaboration skills like conflict resolution and negotiating (taking turns or sharing)
- Calm-down Techniques: introduces self-regulation strategies (deep breathing, counting to ten, or using quiet space when feeling overwhelmed.)
- Group Activities: builds on team collaboration during activities (art projects, block building)

## Physical Literacy

Physical literacy is the development of fundamental movement skills, such as running, jumping, throwing, and balancing, as well as the confidence and motivation needed for physical activity engagement. Our BRSD Pre-K programs help children develop necessary basic movement skills, coordination, and confidence for physical activities and active, healthy lifestyles through physical literacy.

Children are provided with opportunities that help build coordination, body awareness, and physical confidence. Development of these motor skills is linked to long-term health, well-being, and academic success.

**Examples of physical literacy in our BRSD Pre-K programs:**

- Obstacle Courses: simple courses (tables, soft objects) teach children to crawl, jump, hurdle or balance, developing strength, balance, and coordination
- Dancing: music and movement activities encourage children to follow different rhythms, engaging motor skills and body control
- Ball Games: develops hand-eye coordination and physical agility through throwing, catching and kicking
- Stretching and Yoga: improves flexibility, balance, and body awareness through basic stretching and yoga poses
- Climbing and Running: outdoor activities, like climbing structures or running races, promotes physical fitness and endurance
- Partner Activities: cooperative movement games, such as partner walking or holding hands while balancing on one foot, improves teamwork and motor coordination

## Executive Functioning Skills

In our Pre-K programs, we work on building essential executive function skills—such as self-control, problem-solving, and task management—by providing children with opportunities to practice these skills through engaging activities and structured routines, helping them develop the foundation for future success in both school and life.



Every Student, Every Day, a Success.

[www.brsd.ab.ca](http://www.brsd.ab.ca)